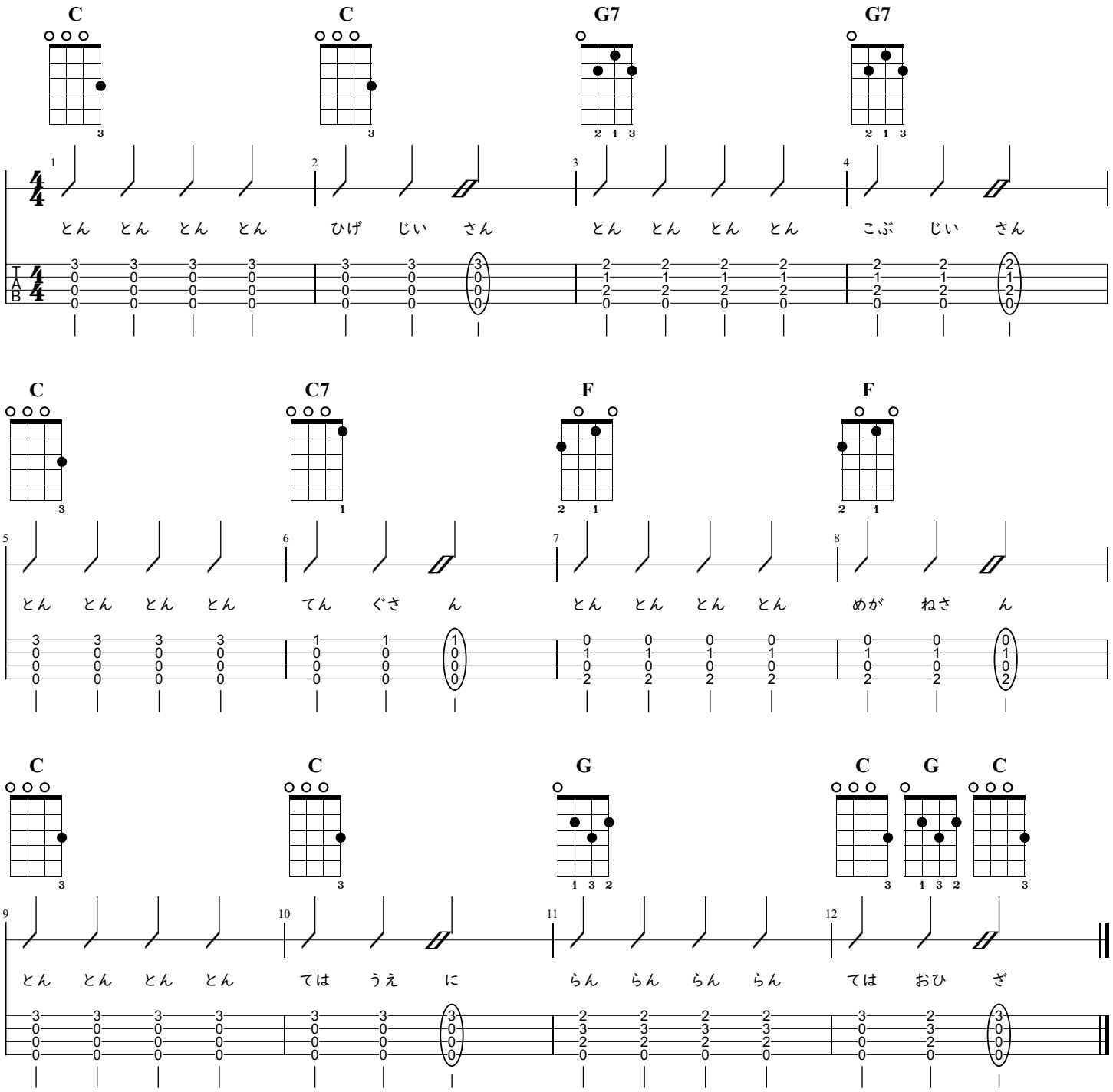とんとんとんとんひげじいさん